

DOUG WHITE

Leadership. Durability. Legacy.

VETERAN | RETIRED LAW ENFORCEMENT OFFICER | AUTHOR | KEYNOTE SPEAKER

30 YEARS

Combined Service

AWARD-WINNING

Author & Speaker

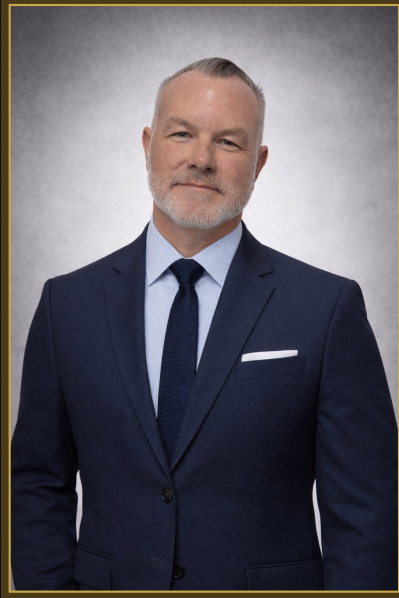
FRAMEWORK

Architect

BOOKED 2026

SEFTOA Annual Training
Conference 2026

SPI Alumni Association
74th Annual Conference
2026



ABOUT DOUG

Doug White spent 30 combined years on the sharp edge of service — first as a Security Forces specialist in the U.S. Air Force advancing to U.S. Special Operations Command, then as a patrol officer, field training officer, bomb technician, and lieutenant in a large metropolitan agency. He retired from law enforcement in 2023 after 25 years.

He is the originator of three research-grounded frameworks for the law enforcement and first responder community, the award-winning author of *Hiding in Plain Sight*, and the founder of Tell This Story, LLC. His work is backed by emerging research, grounded in lived experience, and delivered only the way he can.

KEYNOTES

The Passenger Seat

FTOs & Training Command

What you model in that vehicle becomes the culture your agency carries forward. Built on the I.M.P.R.I.N.T. Framework™.

Leading in Plain Sight

Command Staff & Executives

The accountability gap at the heart of most agency culture problems. Built on Leader-Driven Durability™.

The Cost of the Uniform

Agencies & Peer Support

Chronic high-allostatic-load service through the HAL-RA model. Puts responsibility with leadership.

Moral Courage in Command

Supervisors & Command Staff

For leaders navigating the gap between what they know is right and what the organization rewards.

WHAT THEY'RE SAYING

"You've turned your experience into a leadership tool without diluting the cost of earning it."

— Mike Warnock, Editor-in-Chief — *Havok Journal*

"Tom (Rizzo) was powerful, but Doug was impactful."

— Raynard Ford — *Wounded Blue National Survival Summit, 2025*

"Fantastic presentation. I would like to get him to speak at my agency to all our FTOs."

— SEFTOA Attendee — *2026 Annual Training Conference*

THE FRAMEWORK ARCHITECTURE

I.M.P.R.I.N.T. Framework™

Identity · Modeling · Presence · Resilience
Intentionality · Noticing · Tradition
Built for FTO & Training Command

Leader-Driven Durability™

The command-level accountability model
Built for supervisors & command staff

HAL-RA — Responder Syndrome

High Allostatic Load Responder Adaptation
Endorsed by Dr. Chris Frueh, PhD

PUBLISHED

Police1

The Job Was Changing Me and I Didn't See It

May 2026

Calibre Press

Your Officers Aren't Broken — They're Adapted

May 2026

Havok Journal

I Called It the Job Until I Had a Name for It

May 20, 2026

"Hiding in Plain Sight is the perfect case study for the applicability of Operator Syndrome to first responders."

— Dr. Chris Frueh, PhD · Operator Syndrome Researcher · Univ. of Hawaii, Hilo

BOOK DOUG OR CHECK AVAILABILITY

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FIND DOUG ONLINE

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